

Angel Readings by Kelly



June Specials—Angel Messages and Gifts

St. Hildegard - A Reflector of Living Light

The saints are a group of Divine beings with an intimate understanding of Earth School's challenges. While some limit them to specific religions, the angels remind us these wise and loving souls are here for all who ask for their help. With their advanced knowledge and dedication to service of the light, they are powerful helpers, teachers and guides.

Hildegard von Bingen lived in the 12th century and began her spiritual journey as a child by seeing visions. Her parents dedicated her to God's service at a Benedictine monastery.

She had a sharp mind which easily grasped subjects like science and medicine. Her special gifts of seeing beyond the ordinary, made her a visionary, healer and teacher. Like many women throughout time, Hildegard faced challenges from men who questioned her stepping out of traditional roles.

When she was 42, she followed guidance to publish her spiritual insights, which she called the "reflection of the living Light." She illustrated 28 of her visions in her first book, "Scivias." It was a turning point in her life, making her a well-known spiritual leader and writer. She didn't stop there—Hildegard expressed herself through books, music, letters, and even invented her own language!

Inclusivity was a big part of Hildegard's teachings. She believed in unity and didn't want communities divided by social status. One of her most famous quotes is, "Woman may be made from man, but no man can be made without a woman." Her words continue to inspire equality and respect today.

Call on Saint Hildegard when you need courage to stand up for what you believe in. Her wisdom and grace can guide you through challenges as well as bring clarity and peace to your life.

Reading Specials

- 25 minutes for \$45
- 60 minutes for \$99

Specials cannot be combined and are valid only once per customer through June. Please mention the special you want to use when you schedule your reading or select it when [scheduling online](#).

How to Decipher Divine Guidance

Divine guidance comes through our clairs—seeing, hearing, feeling and knowing. The next step can be challenging. How do you know it is from the Divine? What if you followed what you thought was guidance and it didn't end well? Does this mean you are inept in receiving Divine communication?

One of the ways to differentiate Divine guidance from the ego is consistency. True guidance does not change and repeats as often as needed. False guidance flip flops and is inconsistent.

True guidance is motivated by a positive intention. False guidance serves the ego. Although true guidance has the potential to please the ego, it is not the primary driver. Rather, it reflects our Source, our Higher Power, which is always rooted firmly in love.

The other way to differentiate true guidance from false guidance is its timing. False guidance develops slowly in response to worry and fear. True guidance appears quickly in response to prayer or meditation. The ego often comes up with quick schemes to rescue us. The Divine mind connects through peace.

Finally, Divine guidance fits naturally with who you are. It fits your values, your passions, and your interests. False guidance will direct you to answers that do not match your talents or interests, or they seem to come out of left field.

So what happens when we don't get the desired result from following what we believe is Divine guidance?

Often fears arise when it is time for action steps. Once fear takes hold, Divine guidance is derailed. Imagine someone gave you a detailed map with each step to your destination. Then imagine you decided to take a different route because you did not trust the map or your ability to follow it.

Wanting other human's confirmation and/or approval of your plans leads to undesired destinations. As does the impatience of the human ego. If you try to force things to happen, or accept misalignments out of overeagerness, or just give up, you'll be disappointed with the outcome.

Divine guidance is nurtured by trust, awareness and taking necessary action steps. You will develop a confidence level with these practices to help you quickly decipher true guidance from false. You may find it helpful to keep a record of the guidance you receive. Periodically review it and see in hindsight the outcomes of your intuition. It is a powerful tool to help you recognize and trust Divine guidance.